**ARACHIDONIC ACID**

* Increase Strength\*
* Improve Endurance\*
* Contains Scientifically Proven PowerMaxx\* (RipFACTOR®)

ALLMAX ARA+ is an advanced muscle builder that combines Arachidonic Acid with RipFACTOR®, a clinically studied herbal extract of Sphaeranthus Indicus & Mangifera Indica.

The benefits of ARA+ include accelerated muscle growth, increased muscle strength, and elevated muscle protein synthesis. Two clinical studies support up to a 2.4x increase in muscle strength and up to a 67% greater improvement in muscle endurance in as little as 14 days.\* ARA+ is compliant with WADA regulations and is safe for use by both males and females.

[1] Rokkam, M. P., Gora, O., Konda, M. R., & Koushik, A. (2023). A proprietary blend of Sphaeranthus indicus flower head and Mangifera indica bark extracts increases muscle strength and enhances endurance in young male volunteers: a randomized, double-blinded, placebo-controlled trial. Food & nutrition research, 67, 10.29219/fnr.v67.8972. <https://doi.org/10.29219/fnr.v67.8972>

[2] Davis, B., Murphy, J., & Gora, O. (2019). A Novel Herbal Composition LI12542F6 Improves Muscle Endurance and Strength in Resistance Trained Males (P23-003-19). Current Developments in Nutrition, 3(Suppl 1), nzz043.P23-003-19. <https://doi.org/10.1093/cdn/nzz043.P23-003-19>

\* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.